

Call 071 9149884

# TO GO

## PASTA DISHES

- 1. Penne all'Arrabiata (V)** (2, 13) **13.90**  
Penne Pasta in a hot Chilli Tomato and garlic Sauce. An Italian classic.
- 2. Tagliatelle alla Bolognese** (1,2, 4,13,14) **14.90**  
Long flat Egg Pasta in a rich Ragù' sauce of Beef and Pork topped with freshly grated Parmesan Cheese.
- 3. Spaghetti alla Carbonara** (2,4,7, 13,14) **14.90**  
Spaghetti with crispy Pancetta , Ground Black Pepper and tossed with fresh Egg ,Cream and Parmesan Cheese mix.
- 4. Rigatoni all' Amatriciana** (2,4,7,9, 13,14) **14.90**  
Ribbed Tubular Pasta with Seasoned Pork Guanciale and Onion in a rich Tomato Sauce finished with grated Pecorino Romano Cheese.
- 5. Rigatoni alla Norma (V)** (2, 7,13) **14.90**  
Rigatoni tubular Pasta with Cherry Tomato, Aubergine and Zucchini tossed with Buffalo Mozzarella and Garnished with fresh Parsley.
- 6. Fusilli Mamma Rocca** (1,2, 7,13) **14.90**  
Spiral shaped Pasta in a hearty slow cooked Beef and Tomato Sauce Garnished with Grated Pecorino Cheese.
- 7. Penne Primavera** (2, 7,13, 14) **14.90**  
Penne Pasta with Pancetta, Chicken Fillet Strips and Mushroom in a creamy Tomato Sauce Garnished with fresh Parsley and Grated Parmesan Cheese.
- 8. Penne Alfredo** (2, 7,13,14) **14.90**  
Penne Pasta with Pancetta, Chicken Fillet Strips in a Cream and Parmesan Cheese sauce.
- 9. Creamy Mushroom Fettuccine** (2, 7,13,) **14.90**  
Craft Long Egg Pasta in a Parmesan Cream sauce with Garlic and Parsley Mixed Mushroom.
- 10. Fettuccine Abruzzo** (1,2, 4,7,13,14) **16.70**  
Craft Long Egg Pasta with Pancetta, Wild Mushroom mix, and Peas, blended with fresh Cream and Parmesan Cheese.
- 11. Nonna's Spaghetti con Polpette** (1,2,4,7,13,14) **16.70**  
Spaghetti served with Grandma's secret recipe prime beef Meatballs in a rich Tomato Sauce topped with Parsley and Parmesan.
- 12. Tagliatelle al Pollo** (1,4,7,13,14) **16.70**  
Egg Pasta in a slow cooked Chicken, Cherry Tomato, Bell Pepper and Olive Sauce garnished with fresh Parsley.



12 TO  
**10 PM**

LIST OF ALLERGENS

1=CELERY 2=CEREALS INC GLUTEN 3=CRUSTACEANS 4=EGGS 5= FISH 6=LUPIN 7 = MILK  
8=MOLLUSC 9= MUSTARD 10= NUTS 11=PEANUTS 12= SESAME SEEDS 13=SOYA 14= SULPHUR DIOXIDE

## OVEN BAKED

- 1. Beef Cannelloni** (1,2,4,7,13,14) **13.90**  
Oven baked Beef filled Egg Pasta rolls in a rich Tomato Sauce, Topped with Mozzarella and Grated Parmesan Cheese.
- 2. Lasagne al Forno** (1,2,4,7,13,14) **14.90**  
Oven baked layered Egg Pasta sheets with traditional Bolognese sauce, Bechamel and Parmesan Cheese.
- 3. Lasagne Vegetariane (V)** (1,2,4,7,13,14) **14.90**  
Oven baked layered Egg Pasta sheets with Zucchini, Carrot, Broccoli a Mushroom, Bechamel and Parmesan Cheese Sauce.

## SEAFOOD

- 1. Penne Gamberi e Zucchine** (2, 3,5,8,13,14) **15.90**  
Penne Pasta , Wine steamed tiger Prawn, Zucchini in Cherry Tomato Sauce, garnished with fresh Parsley.
- 2. Penne al Salmone** (2,5,13,14) **15.90**  
Penne Pasta in a blend of Wine steamed Smoked Salmon in a Creamy Cherry Tomato sauce. Topped with fresh Parsley
- 3. Paccheri al Pesce Bianco** (2, 5,13,14) **15.90**  
Paccheri Pasta with wine steamed Fresh Atlantic Cod, Black Olives and Cherry Tomato. Garnished with fresh Parsley.
- 4. Linguine allo Scoglio** (2, 3,5,8,13,14) **19.50**  
Fresh Clams, Lissadell Mussels, Scampi, Calamari and Cod in a Light Cherry Tomato Sauce. Garnished with fresh Parsley.



PIZZA

# RUGANTINO

PASTA

★ ITALIAN EATERY ★

OCTOBER 2023

Call 071 9149884

# TO GO

## STONEBAKED PIZZA

### CLASSIC

- Margherita** (2,4,7,13) **10.40 12.40**  
Tomato Sauce and Mozzarella.
- Pepperoni** (2,4,7,13) **11.40 13.40**  
Tomato Sauce, Mozzarella and Pepperoni.
- Hawaiian** (2,4, 7,13,14) **11.40 13.40**  
Tomato Sauce, Mozzarella, fresh Ham and Pineapple.
- Tropicana** (2,4, 7, 13,14) **13.10 15.40**  
Tomato Sauce, Mozzarella, fresh Ham, Pineapple and Chicken.
- Pepperoni Special** (2,4, 7,13,14) **13.10 15.40**  
Tomato Sauce, Mozzarella, Pepperoni, Salami and Bell Pepper
- Primavera Deluxe** (2,4, 7,13,14) **13.10 15.40**  
Tomato Sauce, Mozzarella, Fresh ham, Grilled Chicken, Mushroom, Bell Pepper and Sweetcorn.
- Apollo** (2,4, 7,13,10,14) **13.10 15.40**  
Tomato Sauce, Mozzarella, Grilled Chicken, Cherry tomato, Mushroom and Basil Pesto.
- Americana** (2,4, 7,9,13,14) **13.10 15.40**  
Bbq Sauce base, Mozzarella, Sundried Tomato, Grilled Chicken and Red Onion.
- Meat Supreme** (2,4, 7,9,13,14) **13.10 15.40**  
Tomato Sauce, Mozzarella, Salami, Meatballs, Spiced Pork, Grilled Chicken and Pepperoni.
- Messicana** (2,4, 7,13) **13.10 15.40**  
Tomato Sauce, Mozzarella, Red Onion, Jalapeno Pepper, Grilled Chicken, Sweetcorn and Chilli Flakes.
- Vegetarian** (2,4, 7,13) **13.10 15.40**  
Tomato Sauce, Mozzarella, mushroom, Bell Pepper, Pineapple, Red Onion and Sweetcorn.

### GOURMET

- Margherita Bufalina** (2,4, 7,1) **11.90 13.40**  
Tomato Sauce, Buffalo Mozzarella, Cherry Tomato, Basil and Extra Virgin Olive Oil.
- Ham and Mushroom** (2,4, 7,13,14) **11.40 13.40**  
Tomato Sauce, Mozzarella, fresh Ham and Mushroom.
- Capricciosa** (2,4, 7,13,14) **13.10 15.40**  
Tomato Sauce, Mozzarella, Fresh Ham, Salami, Artichokes and Olives.
- Rugantino** (2,4, 7,13,14) **13.10 15.40**  
Tomato Sauce, Mozzarella, Cherry Tomato, Mushroom, Salami, Gorgonzola and fresh Basil.
- Goat's Cheese** (2,4, 7,13) **13.10 15.40**  
Tomato Sauce, Mozzarella, Goat's Cheese, Sundried Tomato and Grated Parmesan.
- San Marzano** (2,4, 7,13) **13.10 15.40**  
Tomato Sauce, Mozzarella, Sundried Tomato, French Brie, Grilled Chicken and Red Onion.
- Parmigiana** (2,4, 7,13) **13.10 15.40**  
Tomato Sauce, Mozzarella, Grilled Aubergine, fresh Basil and grated Parmesan Cheese.
- Napoli** (2,4, 5,7,13,14) **13.10 15.40**  
Tomato Sauce, Mozzarella, Anchovies, Olives and fresh Basil.
- Nostromo** (2,4,5 7,13) **13.10 15.40**  
Tomato Sauce, Mozzarella, prime Tuna , Olives, Red Onion and fresh Basil.
- Contadina** (2,4, 7,13) **13.10 15.40**  
Tomato Sauce, Mozzarella, Fresh Spinach leaf and Ricotta Cheese.
- Chorizo** (2,4, 7,13,14) **13.10 15.40**  
Tomato Sauce, Mozzarella, Spanish Chorizo, Mushroom and Jalapeno.
- Capri** (2,3,4,5,7,13) **13.10 15.40**  
Tomato Sauce, Mozzarella, Cherry Tomato, King Prawn and Rocket Leaf.
- Med Veg** (2,4, 7,13) **13.10 15.40**  
Tomato Sauce, Mozzarella, Sundried Tomato, grilled Aubergine, Zucchini, Bell Pepper, red Onion, Garlic and grated Parmesan Cheese.



#### LIST OF ALLERGENS

1=CELERY 2=CEREALS INC GLUTEN 3=CRUSTACEANS 4=EGGS 5= FISH 6=LUPIN 7 = MILK  
8=MOLLUSC 9= MUSTARD 10= NUTS 11=PEANUTS 12= SESAME SEEDS 13=SOYA 14= SULPHUR DIOXIDE

PIZZA

# RUGANTINO

PASTA

★ ITALIAN EATERY ★

OCTOBER 2023

Call 071 9149884

# TO GO

## STONEBAKED CALZONE PIZZA

- 1. Ham and Cheese** (1,2wheat,4,7,13,14) **13.40 15.40**  
Folded Pizza with Mozzarella Cheese, Fresh Ham, Buffalo Ricotta and Black Pepper with some Tomato Sauce
- 2. Chicken and Pesto** (1,2 wheat,4,7,9,10,13) **13.40 15.40**  
Folded Pizza with Mozzarella Cheese, Grilled Chicken and Pesto Sauce
- 3. Pepperoni and Salami** (1,2 wheat,4, 7,13,14) **13.40 15.40**  
Folded Pizza with Mozzarella Cheese, Buffalo Ricotta, Pepperoni, Salami and Tomato Sauce
- 4. Ortolano** (1,2 wheat,4, 7,13,14) **13.40 15.40**  
Folded Pizza with Mozzarella Cheese, Grilled Aubergine, Zucchini, Bell Peppers, Mushroom and Red Onion with some Garlic and Basil Pesto

12  
10PM



1=CELERY 2=CEREALS INC GLUTEN 3=CRUSTACEANS 4=EGGS 5= FISH 6=LUPIN 7 = MILK  
8=MOLLUSC 9= MUSTARD 10= NUTS 11=PEANUTS 12= SESAME SEEDS 13=SOYA 14= SULPHUR DIOXIDE

PIZZA

# RUGANTINO

PASTA

★ ITALIAN EATERY ★

OCTOBER 2023

# TO GO

Call 071 9149884

## FROM THE JOSPER GRILL

### GOURMET BURGERS

- 1. Classico** (2,4,7,9,13,14) **10.80**  
Prime Beef patty, Lettuce, Tomato, Crispy Onion and Burger Sauce.
- 2. Bacon and Cheese** (2,4,7,9,13,14) **12.30**  
Prime Beef patty, Bacon, Fontina Cheese, Lettuce, Tomato, Craramelised Onion, and Burger Sauce.
- 3. Bella Napoli** (2,4,7,9,13,14) **12.30**  
Prime Beef patty, Buffalo Mozzarella, Lettuce, Tomato, Red Onion, and Pesto Mayo.
- 4. Blue Cheese** (2,4,7,9,13,14) **12.80**  
Prime Beef patty, Gorgonzola Cheese, Fontina Cheese, Lettuce, Tomato, Caramelised Onion and Sauce.
- 5. Chicken Fillet** (2,4,7,9,13,14) **12.30**  
Marinated Chicken Fillet Breast, Lettuce, Red Onion, Tomato, Red Onion and Burger sauce.
- 6. Southern Fried Chicken Fillet** (2,4,7,9,10,12,13,14) **12.30**  
Lemon Pepper coated Chicken Fillet Breast, Lettuce, Red Onion, Tomato, Red Onion and Burger sauce.

- 1. Frittura Mista** (2,3,4,5,13,) **19.90**  
Crispy selection of fresh Atlantic Cod Chunks, Tiger Prawn and Calamari Rings, lightly floured with Homemade Potato Chips, Garlic Sauce and Chilli Arrabbiata Sauce.
- 3. Chicken Diavola** (9,12,13,14) **18.90**  
Josper Grilled Half Chicken. Spiced with Rugantino special Rub of Cayenne, Fennel Seed, Rosemary, Garlic and Lime. Served with Handcut Chips and Chilli arrabiata Sauce



### SIDES

- 1. Homemade Chips** **4.50**
- 2. Garlic Cheese Chips** (4,7,9,13,) **5.60**
- 3. Roast Potatoes** **5.60**
- 4. Garden Fresh Salad** **7.40**
- 5. Garlic Focaccina Bread** (2,4,) **5.90**
- 6. Garlic n Cheese Focaccina** (2,4,7) **6.90**

### RUGANTINO TIRAMISU



**7.90**

(2,4,7)

LIST OF ALLERGENS

1=CELERY 2=CEREALS INC GLUTEN 3=CRUSTACEANS 4=EGGS 5= FISH 6=LUPIN 7 = MILK  
8=MOLLUSC 9= MUSTARD 10= NUTS 11=PEANUTS 12= SESAME SEEDS 13=SOYA 14= SULPHUR DIOXIDE

### OSTERIA

- 1. Antipasto Classico** (1,2, 3,4,5,7,8,9,10,13,14) **13.50**  
Selection of cured Meats, Italian Cheeses, grilled Vegetables, Olives, Frittata and Tomato Bruschettina
- 2. Parmigiana di Melanzane** (1,2, 7) **13.90**  
Layers of Aubergine, Sugo, Parmesan Cheese and Buffalo Mozzaerella, Basil baked till perfection. With toasted Sourdough
- 3. Fish n Chips** (1,2,4 5,9,13) **15.80**  
Traditional Italian Chipper style battered Fresh Cod, Homemade Chips and Tartare sauce.
- 4. Calamari Rings** (2,3,5,8,13,) **13.80**  
Crispy Calamari Rings Lightly floured served with Garlic Sauce.
- 4. Crispy King Prawn** (2,3,5,8,13) **14.80**  
Crispy King Prawn Lightly floured served with Garlic Sauce.
- 5. Potato Caponata** (1) **12.30**  
Stewed Aubergine, Zucchini, Onion, Bell Pepper and fried Potato tossed in Cherry Tomato and fresh Basil Leaf.
- 5. Nonna's Polpette** (1,2,4,7) **14.50**  
Grandma's secret recipe Meatballs served in rich Tomato Sauce topped with Parsley, Parmesan and served with Pan Pugliese.

PIZZA

# RUGANTINO

PASTA

★ ITALIAN EATERY ★

OCTOBER 2023

# ★ TO GO ★

Call 071 9149884

12  
TO  
10 PM

## STROMBOLI

- 1. Tomato and Cheese** (2,4,7) **12.30**  
Tomato Base Sauce, Mozzarella and Fresh Basil
- 2. Med Veg** (2,4,7) **12.30**  
Tomato Base Sauce, Mozzarella, Grilled Zucchini, Aubergine, Sundried Tomato, Bell Pepper, Red Onion, Basil and Garlic.
- 3. Ham and Mushroom** (2,4,7,14) **12.30**  
Tomato Base Sauce, Mozzarella, Fresh Ham, Mushroom, Black Pepper and Basil.
- 4. Chicken and Pesto** (2,4,7,10) **12.30**  
Tomato Base Sauce, Mozzarella, Grilled Chicken and Basil Pesto.
- 5. Chorizo** (2,4,7,9,14) **12.30**  
Tomato Base Sauce, Mozzarella, Chorizo, Italian Salami, Fresh Ham and Basil.



## SALADS



- 1. Rugantino** (2,7,13,14) **12.30**  
Mixed Leaf, Fresh Mozzarella, Tomato, Black Olives, Artichokes, Spring Onion with an E.V. Olive Oil, Salt and Balsamic Dressing.
- 2. Caesar Salad** (2,4,7,9,13) **12.30**  
Mixed Italian Leaf, Grilled Chicken, Crispy Bacon, Parmesan Shavings, Croutons with Classic Caesar Dressing.
- 3. Gamberi** (3,10) **12.30**  
Mixed Leaf, Grilled Tiger Prawn, Carrot, Broccoli, Spring Onion, Walnut, Lemon and E.V. Oil Dressing,
- 4. Falafel** (2,7, 9,12,) **12.30**  
Deep Fried spiced Chickpea Mash with Mixed Leaf, Tomato, Cucumber, Red Onion and crispy Pitta Chips dressed with House Tahini Sauce

### 12'' Pizza Bianca Pan Pugliese (2,4) **13.90**

Slow raised thick Sourdough Pizza Bread, garnished with E.V.O. Oil, Garlic and Salt.  
Ideal for Sandwiches or as a side with Salads or Pasta



#### LIST OF ALLERGENS

1=CELERY 2=CEREALS INC GLUTEN 3=CRUSTACEANS 4=EGGS 5= FISH 6=LUPIN 7 = MILK  
8=MOLLUSC 9= MUSTARD 10= NUTS 11=PEANUTS 12= SESAME SEEDS 13=SOYA 14= SULPHUR DIOXIDE

PIZZA

# RUGANTINO

PASTA

★ ITALIAN EATERY ★

OCTOBER 2023

---

# ★ TO GO ★

## VINO

Call 071 9149884



Campaltino Toscana Bianco  
22.90



Campaltino Toscana Rosso  
22.90



Pinot Grigio Matri Vernacoli  
24.90



Montepulciano Bisanzio  
24.90

All of the above Wines contain Sulphites

PIZZA **RUGANTINO** PASTA

---

★ ITALIAN EATERY ★

OCTOBER 2023