

★ LUNCH ★

WEEK SPECIALS

Tuscan Ribollita Soup €9.50

Traditional Country mix of Green Leaves, Carrot, Onion, Leek, Potato and Beans with a hint of Cherry Tomato.

Fish Sandwich €14.80

Fresh Battered Atlantic Cod Fillet in toasted Brioche Bun, with crispy Lettuce, Caramelised Onion and Tartare Sauce.

Valdostana Chicken Fillet €17.50

White Wine pan steamed Fresh Chicken Breast Fillet, topped with Cooked Ham and Fontina Cheese. Served with Homemade thick cut Chips.

RUGANTINO

RUGANTINO RESTAURANT RESERVES THE RIGHT TO APPLY A MINIMUM CHARGE OF €12.50 PER PERSON

Surf 'n Turf Linguine €18.70

Linguine Pasta with Tender Beef Strips and King Prawn in a Creamy Tomato Sauce, tossed with Spinach Leaf.

Creamy Bolognese Beef Ravioli €18.70

Medium sized Beef filled Ravioli in a Cream and Bolognese Beef Sauce topped with Parmesan Cheese.



Fish and Chips €18.70

Traditional Italian Chipper style Battered Fresh Cod, Homemade Chips and Tartare Sauce.



TRATTORIA

Bruschetta al Pomodoro €11.20

Grill toasted Sourdough topped with fresh Datterini, Tomatoes, Basil and E.V.O. Oil.

Garlic Focaccina (V) €6.90

Freshly Baked Focaccina garnished with E.V.O. Oil, Garlic and Oregano.

Add Cheese + €1.00

Diavola Chicken Wings (12) €11.90

Spicy and Hot served with Arrabiata and Lemon Pepper dip.

Parmigiana di Melanzane (V) €14.90

Layered Aubergine, Sugo di Pomodoro, Parmesan Cheese Fresh Basil and Buffalo Mozzaerella.

Potato Caponata (V) €17.90

Stewed Aubergine, Zucchini, Onion, Bell Pepper and fried Potato tossed in Cherry Tomato and fresh Basil Leaf.

Creamy Chicken and Mushroom €19.50

Pan seared Chicken Fillet Breast served in a rich and Creamy White Wine and Mushroom Sauce. Served Served with homemade thick cut Chips.



SALADS

Chicken Caesar €15.50

Mixed Leaf, Grilled Chicken Breast, Crispy Bacon, Parmesan Shavings, Croutons and Caesar Dressing.

Greek with Avocado €15.50

Mixed Leaf, Feta Cheese, Avocado, Kalamata Olives, Red Onion, Cherry Tomato and Spring Onion with Rugantino Dressing.

Crispy King Prawn €12.90

Crispy King Prawn Lightly floured served with Garlic Sauce.

Seafood Guazzetto €19.50

Tomato based Soup with Brandy steamed Shellfish, Prawn, Calamari and Cod. Served with Toasted Sourdough.

Frittura Mista €22.50

Crispy selection of fresh Atlantic Cod Chunks, Tiger Prawn and Calamari Rngs, lightly coated with Semolina, Homemade Potato Chips, Salad and Garlic Sauce.

Saute'ed Mussels €17.90

Wine steamed Atlantic Mussels with Pepper and Chilli served with chargrilled Sourdough.

Napoletana Tomato Sauce option available, please ask your server.

Add N'duja and Tomato €19.90



Gamberi €15.50

Mixed Leaf, King Prawn, Grated Carrot, Broccoli, Spring Onion, Nuts with E.V.O. Oil, Salt and Lemon.

ALL ALLERGEN INFORMATION AVAILABLE ON PURPOSE PRINTED MENUS

Rockwood Parade - Sligo - 071 9148987

NO SPLIT BILLS THANK YOU

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MAR 26



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PASTA

Penne all'Arrabbiata (v) Penne Pasta in a Hot Chilli Tomato and Garlic Sauce. An Italian classic.	€16.50	Nonna's Spaghetti con Polpette Spaghetti served with Grandma's secret recipe Prime Beef Meatballs in a rich Tomato Sauce topped with Parsley And grated Parmesan.	€18.70
Rigatoni All'Amatriciana Short tubular Pasta in a rich Tomato sauce prepared with Seasoned Pork Guanciale and Onion. Served with grated Pecorino Cheese.	€17.50	Beef Cannelloni Beef filled Egga Pasta Rolls in rich Tomato Sauce topped with Mozzarella and grated Parmesan Cheese.	€18.70
Tagliatelle Alla Bolognese Long flat Egg Pasta in a rich Ragù' sauce of Beef and Pork topped with freshly grated Parmesan.	€17.50	Lasagne al Forno Oven baked layered Egg Pasta sheets with traditional Bolognese sauce, Beshamel and Parmesan Cheese.	€18.70
Spaghetti alla Carbonara Spaghetti with crispy Pancetta, ground Black Pepper stossed with fresh Egg and Parmesan Cheese Mix.	€17.50	Lasagne Vegetariane (v) Oven baked layered Egg Pasta sheets of Potato, Zucchini Carrot, Broccoli, Onion and Mushroom, with Beshamel and Parmesan Cheese Sauce.	€18.70
Rigatoni alla Norma (v) Rigatoni Pasta with Cherry Tomato, Aubergine and Zucchini tossed with Buffalo Mozzarella and garnished with fresh Basil.	€17.50		
Penne Primavera Penne Pasta with Pancetta, Chicken Fillet Strips and Mushroom in a creamy Tomato sauce garnished with Parmesan Cheese.	€17.50		
Penne Alfredo Penne Pasta with Pancetta, Grilled Chicken Strips, in a Cream and Paermesan Cheese Sauce.	€17.50		
Creamy Parmesan Beef Ravioli Medium sized Beef filled Ravioli in a Cream of Parmesan Cheese Sauce.	€18.70		
Creamy Mushroom Fettuccine (v) Craft long Egg Pasta in a Parmesan Cream Sauce with Garlic and Parsley Mixed Mushroom	€18.70		



Gluten Free Penne option Available + €2.00

MARE

FROM THE SEA

Penne Al Salmone Penne Pasta in a blend of Wine steamed Smoked Salmon with a Creamy Tomato sauce topped with chopped Parsley.	€19.70
Garlic and Chilli Prawn Spaghetti Spaghetti Pasta with Wine Steamed Prawn in a Garlic, Hot Chilli and Parsley Sauce.	€20.70
Paccheri with Fresh Cod and Olives Wide Tubular flat Pasta in a Datterini Tomato and Wine Sauce with Diced fresh Cod and Black Olives.	€20.70
Linguine allo Scoglio Fresh Lissadell Mussels, Clams, Scampi, Calamari and Cod Wine steamed in a light Cherry Tomato and Garlic Sauce. Garnished with Freshly chopped Parsley and E.V.O. oil	€25.50

BURGERS

FROM OUR JOSPER GRILL

Classico Prime ground Beef Steak in toasted Brioche, with Crispy Cos Lettuce, Tomato, Caramelised Onion and Burger Sauce.	€13.70	Bella Napoli Prime ground Beef Steak in toasted Brioche, with Buffalo Mozzarella, Cos Lettuce, Tomato, Caramelised Onion and Basil Pesto Mayo.	€14.80
Bacon and Cheese Prime ground Beef Steak in toasted Brioche, with Crispy Bacon, Cheddar melt, Cos Lettuce, Tomato, Caramelised Onion and Burger Sauce.	€14.80	Chicken Fillet Marinated Chicken Fillet Breast in toasted Brioche, with Crispy Cos Lettuce, Tomato, Red Onion and Burger Sauce.	€14.80
Piccante Prime ground Beef Steak in toasted Brioche, with Chilli Cheese, Cos Lettuce, Tomato, Jalapenos, Crispy Onion, and Chilli Mayo.	€14.80	Southern Fried Chicken Fillet Lemon Pepper coated Chicken Fillet Breast in toasted Brioche, with crispy Cos Lettuce, Tomato, Red Onion and Burger Sauce.	€14.80



SIDES

Garden Side Salad (v) Mixed Leaf, Cucumber, red Oion and Tomato tossed with Olive Oil and Salt.	€5.80	Hot Arrabbiata Chips (v)	€6.90
Homemade Potato Chips (v)	€5.90	Garlic & Cheese Chips	€6.90
		Blue Cheese Chips	€6.90

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PIZZERIA

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|---|--------|--------|---|--------|--------|
| 1. Margherita | €13.90 | €15.90 | 15. Pepperoni Special | €16.50 | €18.90 |
| Pizza Sauce, Mozzarella Cheese | | | Pizza Sauce, Mozzarella Cheese, Pepperoni, Salami and Mixed Peppers | | |
| 2. Margherita Bufalina | €16.50 | €18.90 | 16. Primavera Deluxe | €16.50 | €18.90 |
| Pizza Sauce, Buffalo Mozzarella, Cherry Tomatoes, Basil and Olive Oil | | | Pizza Sauce, Mozzarella Cheese, Fresh Ham, Grilled Chicken, Mushroom, Mixed Peppers and Sweetcorn | | |
| 3. Ham & Mushroom | €16.50 | €18.90 | 17. Hawaiian | €16.50 | €18.90 |
| Pizza Sauce, Mozzarella Cheese, Fresh Ham and Mushroom | | | Pizza Sauce, Mozzarella Cheese, Fresh Ham and Pineapple | | |
| 4. Capricciosa | €16.50 | €18.90 | 18. Tropicana | €16.50 | €18.90 |
| Pizza Sauce, Mozzarella Cheese, Fresh Ham, Salami, Artichokes and Olives | | | Pizza Sauce, Mozzarella Cheese, Fresh Ham, Grilled Chicken and Pineapple | | |
| 5. Parmigiana | €16.50 | €18.90 | 19. Vegetarian | €16.50 | €18.90 |
| Pizza Sauce, Mozzarella Cheese, Grilled Aubergine, Basil and Grated Parmesan | | | Pizza Sauce, Mozzarella Cheese, Mushroom, Mixed Peppers, Pineapple, Red Onion and Sweetcorn | | |
| 6. San Marzano | €16.50 | €18.90 | 20. Americana | €16.50 | €18.90 |
| Pizza Sauce, Mozzarella Cheese, Sundried Tomatoe, French Brie, Grilled Chicken and Red Onion | | | BBQ Base, Mozzarella Cheese, Sundried Tomato, Grilled Chicken and Red Onion | | |
| 7. Rugantino | €16.50 | €18.90 | 21. Meat Supreme | €16.50 | €18.90 |
| Pizza Sauce, Mozzarella Cheese, Cherry Tomato, Mushroom, Salami, Gorgonzola and Basil | | | Pizza Sauce, Mozzarella Cheese, Salami, Meatballs, Spiced pork, Grilled Chicken and Pepperoni | | |
| 8. Capri | €16.50 | €18.90 | 22. Messicana | €15.50 | €18.90 |
| Pizza Sauce, Mozzarella Cheese, Cherry Tomatoe, Prawn and Rocket Leaf | | | Pizza Sauce, Mozzarella Cheese, Red Onion, Jalapeno Peppers, Grilled Chicken, Sweetcorn and Chilli Flakes | | |
| 9. N'Duja and Pepperoni | €16.50 | €18.90 | 23. Apollo | €16.50 | €18.90 |
| Pizza Sauce, Mozzarella Cheese, Hot Calabrian N'duja and Pepperoni. Ricotta Cheese and Basil added after bake. | | | Pizza Sauce, Mozzarella Cheese, Grilled Chicken, Cherry Tomatoe, Mushroom, Pesto Sauce | | |
| 10. Med Veg | €16.50 | €18.90 | | | |
| Pizza Sauce, Mozzarella Cheese, Sundried Tomato Grilled Aubergine, Zucchini, Mixed Peppers, Red Onion, Garlic and Grated Parmesan | | | | | |
| 11. Goats Cheese | €16.50 | €18.90 | | | |
| Pizza Sauce, Mozzarella Cheese, Goats Cheese, Sundried Tomatoes and Grated Parmesan | | | | | |
| 12. Napoli | €16.50 | €18.90 | | | |
| Pizza Sauce, Mozzarella Cheese, Anchovies, Olives and Basil | | | | | |
| 13. Chorizo | €16.50 | €18.90 | | | |
| Pizza Sauce, Mozzarella Cheese, Spanish Chorizo, Mushroom and Jalapeno | | | | | |
| 14. Pepperoni | €16.50 | €18.90 | | | |
| Pizza Sauce, Mozzarella Cheese and Pepperoni. | | | | | |

CALZONE PIZZA

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| 24. Ham & Cheese | €16.50 | €18.90 |
| Folded Pizza with Mozzarella Cheese, Fresh Ham, Buffalo Ricotta and Black Pepper with some Tomato Sauce | | |
| 25. Chicken & Pesto | €16.50 | €18.90 |
| Folded Pizza with Mozzarella Cheese, Grilled Chicken and Pesto Sauce | | |
| 26. Pepperoni & Salami | €16.50 | €18.90 |
| Folded Pizza with Mozzarella Cheese, Buffalo Ricotta, Pepperoni, Salami and Tomato Sauce | | |

STROMBOLI

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| 1. Tomato and Cheese | | | 4. Chicken and Pesto | | |
| Tomato Base Sauce, Mozzarella and Fresh Basil | | | Tomato Base Sauce, Mozzarella, Grilled Chicken and Basil Pesto. | | |
| 2. Med Veg | | | 5. Chorizo | | |
| Tomato Base Sauce, Mozzarella, Grilled Zucchini, Aubergine, Sundried Tomato, Bell Pepper, Red Onion, Basil and Garlic. | | | Tomato Base Sauce, Mozzarella, Chorizo, Italian Salami, Fresh Ham and Basil. | | |
| 3. Ham and Mushroom | | | | | |
| Tomato Base Sauce, Mozzarella, Fresh Ham, Mushroom, Black Pepper and Basil. | | | | | |

€ 16.50

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APERITIVI

Negroni Campari/Vermouth Rosso/Tanqueray Stirred on the Rocks, with Orange.	€10.50	Campari e Gin Campari Soda/ Tanqueray Gin. Stirred on the Rocks, with Orange.	€10.50
Aperol Spritz Aperol/Prosecco Stirred on the Rocks, with Orange.	€10.50	Espresso Martini Vodka/ Kalhua and Espresso Shot. Shakered with simple Syrup and Ice.	€10.50
Gin and Tonic Tanqueray Gin/ Hendricks Tonic Stirred on the Rocks, with Lemon.	€10.50	Prosecco Treviso D.O.C.	€8.50

BEVANDE

DRINKS

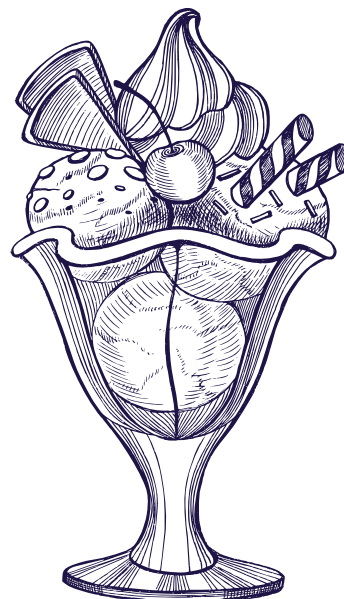
Caffe Espresso	€2.90	Coke/Diet Coke/Sprite	€3.50
Double Espresso	€3.60	San Pellegrino Orange/Lemon	€3.50
Americano	€3.60	Mineral Water	€3.50
Cappuccino	€3.60	Apple/Orange Juice	€2.20
Latte Macchiato	€3.60	Crodino	€3.70
Thick Chocolate with Cream	€3.60	Aperol Soda	€3.70
Tea	€2.80	Campari Soda	€4.90
Green Tea	€2.80	Forst 1857 Bottle	€5.20
Caffe' Shakerato	€4.80	Peroni Glass	€3.50
Caffe' Latte Shakerato	€5.50	Peroni Pint	€6.10



DOLCI

DESSERTS

Tiramisu Layered Coffe dipped Ladyfinger in a rich Mascarpone and Sabayon Cream.	€8.40
Chocolate Ganache Served with Fresh Cream and Chocolate Sauce.	€8.40
Affogato al Caffe Craft Vanilla Ice Cream topped with freshly brewed espresso Coffee	€7.90
Gelato della Casa 2 Scoops of Italian craft Ice Cream. Choice of Vanilla, Strawberry, Chocolate, Lemon and Mint.	€7.20



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